

CURRICULUM VITAE



DR. AMIT MEENA [MBBS, MS (Orthopedics), DNB (Orthopedics), MNAMS]

Personal Details

Professional Medical Registration: DMC (Delhi Medical Council), CPSO (College of Physicians and Surgeons of Ontario), RMC (Rajasthan Medical Council)

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Educational Qualifications

1. MBBS from Vardhman Mahavir Medical College & Safdarjung Hospital, New Delhi, 2009-2015.
2. **Master of Orthopedic Surgery (MS Ortho)** from Vardhman Mahavir Medical College & Safdarjung Hospital New Delhi, 2015-2018.
3. **DNB Orthopedics**, conducted by the National Board of Examination, December 2018.

Fellowships

1. **Fellowship in Arthroplasty and Arthroscopy** at **Rizzoli Orthopedic Institute, University of Bologna, Italy**, with **Prof. Stefano Zaffagnini** in 2020.
2. **Fellowship in Arthroplasty and Reconstructive Joint Surgery** at the “**Gelenkpunkt - Sports and Joint Surgery, FIFA Medical Centre of Excellence**” of **Innsbruck, Austria**, with **Prof. Christian Fink and Dr. Christian Hoser** in 2021-2022.
3. **Fellowship in Joint Reconstruction and Sports injuries** at **Fowler Kennedy Sport Medicine Clinic, Western University, London, Ontario, Canada**, with **Dr Alan Getgood** 2022

Work Experience

1. **Internship** for one year in various specialties at Vardhman Mahavir Medical College & Safdarjung Hospital, New Delhi. (2014 - 2015)
2. **Post Graduate Resident** Orthopedics (2015-2018) Central Institute of Orthopedics, VMMC & Safdarjung Hospital, New Delhi
3. **Senior Resident/Registrar** in Central Institute of Orthopedics & Sports Injury Centre, VMMC & Safdarjung Hospital, New Delhi (2018 –2021).
4. **Clinical Fellow** in Sports Traumatology and Reconstructive Joint Surgery at the “Gelenkpunkt - Sports and Joint Surgery, FIFA Medical Centre of Excellence” of Innsbruck, Austria (2021-2022).
5. **Clinical Fellow** in Orthopaedic Sports Medicine at Fowler Kennedy Sport Medicine Clinic, Western University, London, Ontario, Canada (September 2022-Dec 2022).
6. **Consultant Arthroplasty & Arthroscopy** at Shalby Hospital, Jaipur (Jan 2023 till present)

Awards & Recognition

1. **Awarded as best reviewer of the year for the JEO-Journal of Experimental Orthopedics**, an official Journal of **ESSKA - European Society of Sports Traumatology, Knee Surgery & Arthroscopy** during ESSKA Congress 2022, Paris, France

2. **K.T. Dholakia Award** -Below 40-year category for best Arthroplasty paper at **Ranawat Orthopaedic Congress 2023**, Mumbai, India
3. **ISAKOS John J. Joyce Award Finalist** *ISAKOS Congress 2023 Boston, Massachusetts, USA*
4. **ISAKOS Paolo Aglietti Award Finalist** *ISAKOS Congress 2023 Boston, Massachusetts, USA*
5. Invited as **speaker and moderator for APOA Dubai 2024**. (Asia Pacific Orthopaedic Association's Congress).
6. **ISAKOS Global Traveling Fellowship** recipient for 2023-2025.
7. **Co-Investigator on a CIHR-Funded** Study titled Soft-tissue Quadriceps Autograft ACL-reconstruction in the Skeletally-immature vs. Hamstrings: A Multi-Center Randomized Controlled Trial. (Grant awarded CAD \$646,425)

Publications

Arthroplasty research

1. Robotic-assisted total knee arthroplasty is not associated with improved accuracy in implant position and alignment compared to conventional instrumentation in the execution of a preoperative digital plan Christian Nogalo, Luca Farinelli, **Amit Meena**, Fabrizio di Maria, Elisabeth Abermann, Christian Fink *Journal of Experimental Orthopaedics* Volume 11, Issue 2 <https://doi.org/10.1002/jeo2.12019>
2. Trends in unicompartmental knee arthroplasty among 138 internationally experienced arthroplasty knee surgeons Matteo Marullo, Reha N. Tandogan, Nanne Kort, **Amit Meena**, Manish Attri, Bruce Gomberg, Riccardo D'Ambrosi, EKA Small Implants Focus Group
DOI: <https://doi.org/10.1016/j.heliyon.2024.e24307>
3. *CORR Insights®: Variations in 1-year Trajectories of Levels of Pain and Capability After Shoulder Arthroplasty Are Associated With Baseline Mental Health* **Amit Meena MS, DNB** *Clinical Orthopaedics and Related Research* ():10.1097/CORR.0000000000002877, October 3, 2023. | DOI: 10.1097/CORR.0000000000002877
4. No difference in sports participation and patient-reported functional outcomes between total knee arthroplasty and unicompartmental knee arthroplasty at minimum 2-year follow-up in a matched control study **Amit Meena**, Christian Hoser, Elisabeth Abermann, Caroline Hepperger, Christian Fink *Knee Surg Sports Traumatol Arthrosc* (2022). <https://doi.org/10.1007/s00167-022-07166-1>
5. *CORR Insights®: Machine-learning Models Predict 30-day Mortality, Cardiovascular Complications, and Respiratory Complications After Aseptic Revision Total Joint Arthroplasty* **Meena Amit** *Clinical Orthopaedics and Related Research*: July 15, 2022 - Volume - Issue -
10.1097/CORR.0000000000002325 doi: 10.1097/CORR.0000000000002325
6. Total knee arthroplasty improves sports activity and the patient-reported functional outcome at mid-term follow-up **Amit Meena**, Christian Hoser, Elisabeth Abermann, Caroline Hepperger, Akshay Raj, Christian Fink. *Knee Surg Sports Traumatol Arthrosc* (2022). <https://doi.org/10.1007/s00167-022-07025-z>
7. Objective Assessment Scores and the Development of Efficient Health-Care Systems in Arthroplasty Commentary on an article by Matthew J. Hadad, MD et al.: "PLAN and AM-PAC "6-Clicks" Scores to Predict Discharge Disposition After Primary Total Hip and Knee Arthroplasty" **Meena, Amit**, MBBS,

MS, DNB The Journal of Bone and Joint Surgery - Commentary and Perspective: February 16, 2022 - Volume 104 - Issue 4 - p. e12 10.2106/JBJS.21.01255

8. Complications and downsides of the robotic total knee arthroplasty: a systematic review Christian Nogalo, **Amit Meena**, Elisabeth Abermann, Christian Fink *Knee Surg Sports Traumatol Arthrosc* (2022). <https://doi.org/10.1007/s00167-022-07031-1>
9. Does Implant Design Influence Failure Rate of Lateral Unicompartmental Knee Arthroplasty? A Meta-Analysis Stefano Fratini, MD **Amit Meena, MBBS, MS, DNB** Domenico Alesi, MD, Eugenio Cammisa, MD, Stefano Zaffagnini, MD, Giulio Maria Marcheggiani Muccioli, MD, PhD DOI:<https://doi.org/10.1016/j.arth.2022.01.068> [Journal of Arthroplasty]
10. *CORR* Insights®: Does a Prescription-based Comorbidity Index Correlate with the American Society of Anesthesiologists Physical Status Score and Mortality After Joint Arthroplasty? A Registry Study **Meena Amit** *Clinical Orthopaedics and Related Research*: August 26, 2021. <https://doi.org/10.1097/CORR.0000000000001959>
11. Causes of stiffness after total knee arthroplasty: a systematic review Stefano Zaffagnini, Stefano Di Paolo, **Amit Meena**, Domenico Alesi, Raffaele Zinno, Giuseppe Barone, Nicola Pizza & Laura Bragonzoni *International Orthopaedics (SICOT)* (2021). <https://doi.org/10.1007/s00264-021-05023-3>
12. Total knee arthroplasty in valgus knee deformity: is it still a challenge in 2021? MUSCULOSKELETAL SURGERY Alesi, D., **Meena, A.**, Fratini, S. et al. Total knee arthroplasty in valgus knee deformity: is it still a challenge in 2021? *Musculoskelet Surg* (2021). <https://doi.org/10.1007/s12306-021-00695-x>
13. Overcoming the Technical Challenges of Total Knee Arthroplasty in Patients Affected by Hereditary Multiple Exostoses: a Case Report and Literature Review Eugenio Cammisa, MD; Domenico Alesi, MD; **Amit Meena, MBBS, MS, DNB**; Giada Lullini, MD, PhD; Stefano Zaffagnini, MD, Full Professor; Giulio Maria Marcheggiani Muccioli, MD, PhD. *SN Compr. Clin. Med.* **4**, 254 (2022). <https://doi.org/10.1007/s42399-022-01333-8>
14. Over-Constraint Varus-Valgus Laxity Leads to Worse Clinical Outcomes at Long-Term Follow-Up in Total Knee Arthroplasty Intraoperative Assessment through Surgical Navigation System Stefano Di Paolo, Stefano Fratini, **Amit Meena**, Simone Bignozzi, Giulio Maria Marcheggiani Muccioli, Stefano Zaffagnini [KSSTA, Accepted]
15. Implant design does not influence failure rate of medial unicompartmental knee arthroplasty? A meta-analysis. Stefano Fratini; **Amit Meena**; Tosca cerasoli; Stefano di Paolo; Margherita Bonaiuti; Matteo romagnoli; Stefano Zaffagnini; Giulio Maria Marcheggiani Muccioli. *The Journal of Arthroplasty* [Accepted]
16. Anterolateral Skin Incision for Total Knee Replacement (TKR) is Associated with Lower Prevalence of Postoperative Hypoesthesia at 1-year: A Meta-Analysis of Randomised Trials [under review JBJS]
17. Clinical, Functional, And Quality Of Life Impact Of Revisions Of Medial Unicompartmental Knee Arthroplasty: Not All Revisions Are The Same. Chiara Ursino, Nicola Ursino, **Amit Meena**, Riccardo D'Ambrosi [KSSTA, Accepted]

Arthroscopy / Sports Medicine Research

18. Posterior Cruciate Ligament Reconstruction Improves Sexual Health Post-Operatively
Riccardo D'Ambrosi, M.D, Federico Valli, M.D., Pietro Marchetti, M.D. Nicola Ursino, M.D. **Amit Meena, MBBS, MS, DNB** Arthroscopy, Sports Medicine, Rehabilitation (ASMAR)
DOI: 10.1016/j.asmr.2024.101041
19. Clinical Results of Isolated MCL Grade III Injury in Acute and Chronic Setting: Systematic Review and Meta-analysis **Amit Meena**, Luca Farinelli, Manish Attri, Davide Montini, Thiago Alberto Vivacqua, Riccardo D'Ambrosi, Mohit Kumar Patralekh & Sachin Tapasvi *JOIO* (2024).
<https://doi.org/10.1007/s43465-024-01280-7>
20. Revision ACL reconstruction in female athletes: current concepts **Amit Meena**, Saubhik Das, Armin Runer, Riccardo D'Ambrosi, Laurie Hiemstra, Sachin Tapasvi *JISAKOS* DOI:
<https://doi.org/10.1016/j.jisako.2024.02.007>
21. Failure rate of isolated medial meniscus repair in the stable knee: Systematic review and meta-analysis
Luca Farinelli, **Amit Meena**, Davide Montini, Mohit Kumar Patralekh, Giuseppe Piritore, Marco Grassi, Antonio Gigante, Christian Hoser, Christian Fink, Sachin Tapasvi *Knee Surg Sports Traumatol Arthrosc.* 2024 August 27. doi: 10.1002/ksa.12441
22. No Clinical Advantage of Harvesting a Patellar Bone Block Compared to All Soft Tissue Graft in Primary Quadriceps Tendon Anterior Cruciate Ligament Reconstruction Armin Runer, **Amit Meena**, Lena Jucho, MD, Guido Wierer, MD, Robert Csapo, Elisabeth Abermann, Mirco Herbort, Christian Hoser, Christian Fink *Arthroscopy.* 2024 Aug 27;S0749-8063(24)00611-X. doi: 10.1016/j.arthro.2024.08.013.
23. Both Hamstring and Quadriceps tendon autografts offer similar functional outcomes after arthroscopic ACL reconstruction in patients over 50 years of age **Meena A**, Farinelli L, D'Ambrosi R, Runer A, Attri M, Rudraraju RT, Tapasvi S, Hoser C, Fink C. *Arthroscopy.* 2024 Jul 9;S0749-8063(24)00494-8. DOI: 10.1016/j.arthro.2024.06.044
24. Is Multiligament Knee Injury (MLKI) Still a Challenge in 2024? **Amit Meena**, Manish Attri, Sachin Tapasvi *JOIO* (2024). <https://doi.org/10.1007/s43465-024-01238-9>
25. Return to Sport After Multiligament Knee Injury: A Systematic Review of the Literature Riccardo D'Ambrosi, **Amit Meena**, Nicola Ursino, Fabrizio Di Feo, Niccolò Fusari & Srinivas B. S. Kambhampati *JOIO* (2024). <https://doi.org/10.1007/s43465-024-01237-w>
26. Should I add orthobiologics to my knee osteotomy practice? A systematic review **Meena A**, D'Ambrosi R, Farinelli L, Attri M, Mabrouk A, Nakamura N, Ollivier M, Tapasvi S. *J ISAKOS.* 2024 Jun 6;S2059-7754(24)00104-4. DOI: 10.1016/j.jisako.2024.06.001
27. Knee Ligaments: Future Perspectives **Meena, A.**, Hegde, P., Tapasvi, K., Shekhar, A., Arora, E.S., Tapasvi, S. (2024). Knee Ligaments: Future Perspectives. In: Doral, M.N., Karlsson, J. (eds) *Sports Injuries.* Springer, Berlin, Heidelberg. https://doi.org/10.1007/978-3-642-36801-1_422-1
28. Partial Subscapularis Tear: State-of-the-Art Ankit Kumar Garg, **Amit Meena**, Luca Farinelli, Riccardo D'Ambrosi, Sachin Tapasvi, Sepp Braun *J ISAKOS.* 2024 Jun 21;S2059-7754(24)00126-3. DOI: 10.1016/j.jisako.2024.06.009

29. How Statistically Fragile Are Randomized Controlled Trials Comparing Quadriceps Tendon Autografts with Hamstring or Bone-Patellar Tendon-Bone Autografts in Anterior Cruciate Ligament Reconstruction?" .Joshua Dworsky-Fried, Luca Bernardini, Prushoth Vivekanantha, Lauren Gyemi, **Amit Meena**, Sachin Tapasvi, Christian Fink, Darren de SA. *Knee Surgery, Sports Traumatology, Arthroscopy* <https://doi.org/10.1002/ksa.12535>
30. A slight degree of osteoarthritis appears to be present after anterior cruciate ligament reconstruction compared with contralateral healthy knees at a minimum of 20 years: A systematic review of the literature Riccardo D'Ambrosi, Alessandro Carozzo, **Amit Meena**, Katia Corona, Amit Kumar Yadav, Alessandro Annibaldi, Srinivas B. S. Kambhampati, Elisabeth Abermann, Christian Fink *Journal of Experimental Orthopaedics* Volume 11, Issue 2 <https://doi.org/10.1002/jeo2.12017>
31. Double-Needle Technique for Temporary Stabilization of Unstable Meniscal Tear During All-Inside Meniscal Repair Luca Farinelli M.D., **Amit Meena M.D.**, Sachin Tapasvi MBBS, M.S., Elisabeth Abermann M.D., Christian Fink M.D., Christian Hoser M.D. <https://doi.org/10.1016/j.eats.2024.102927>
32. The “Golden Age” of quadriceps tendon grafts for the anterior cruciate ligament: A bibliometric analysis Riccardo D’Ambrosi, Srinivas BS. Kambhampati, **Amit Meena**, Danko Dan Milinkovic, Elisabeth Abermann, Christian Fink DOI:<https://doi.org/10.1016/j.jisako.2024.03.007>
33. Primary Versus Revision ACL Reconstruction Using Quadriceps Autograft: A Matched-Control Cohort Study **Amit Meena**, Luca Farinelli, Christian Hoser, Elisabeth Abermann, Caroline Hepperger, Mohit Kumar Patralekh, Mirco Herbort, Christian Fink *Orthopaedic Journal of Sports Medicine*. 2024;12(2). doi:10.1177/23259671231224501
34. Increased Intra-Articular Internal Tibial Rotation Is Associated With Unstable Medial Meniscus Ramp Lesions in Anterior Cruciate Ligament-Injured Athletes Luca Farinelli, M.D., **Amit Meena, M.D.**, Bertrand Sonnery-Cottet, M.D., Ph.D., Elisabeth Abermann, M.D., Christian Hoser, M.D., Christian Fink, M.D. *Arthroscopy, Sports Medicine, and Rehabilitation (ASMAR)* DOI:<https://doi.org/10.1016/j.asmr.2023.100839>
35. No difference in patient-reported outcomes, laxity, and failure rate after revision ACL reconstruction with quadriceps tendon compared to hamstring tendon graft: a systematic review and meta-analysis **Amit Meena**, Stefano Di Paolo, Alberto Grassi, Akshay Raj, Luca Farinelli, Christian Hoser, Sachin Tapasvi, Stefano Zaffagnini, Christian Fink *Knee Surg Sports Traumatol Arthrosc* (2023). <https://doi.org/10.1007/s00167-023-07380-5>
36. Distal Kaplan fibers and anterolateral ligament injuries are associated with greater intra-articular internal tibial rotation in ACL-deficient knees based on magnetic resonance imaging Luca Farinelli, **Amit Meena**, Bertrand Sonnery-Cottet, Thais Dutra Vieira, Charles Pioger, Sachin Tapasvi, Elisabeth Abermann, Christian Hoser, Christian Fink *J EXP ORTOP* 10, 113 (2023). <https://doi.org/10.1186/s40634-023-00682-0>
37. Quadriceps autograft is a viable graft choice for arthroscopic ACL reconstruction in patients over 50 years of age **Amit Meena, MS, DNB**; Luca Farinelli, MD; Christian Hoser, MD; Elisabeth Abermann, MD; Akshya Raj, MS; Caroline Hepperger, PhD; Mirco Herbort, MD; Christian Fink, MD *Knee Surg Sports Traumatol Arthrosc* (2023). <https://doi.org/10.1007/s00167-023-07367-2>

38. Return to Play and Pattern of Injury After ACL Rupture in a Consecutive Series of Elite UEFA Soccer Players Luca Farinelli MD; Elisabeth Abermann MD; **Amit Meena MS, DNB**; Peter Ueblacker MD; Jochen Hahne MD; Christian Fink MD *Orthopaedic Journal of Sports Medicine*. 2023;11(3). doi:10.1177/23259671231153629
39. Concomitant Injuries Associated With ACL Rupture in Elite Professional Alpine Ski Racers and Soccer Players: A Comparative Study With Propensity Score Matching Analysis Luca Farinelli, Robert Csapo, **Amit Meena**, Elisabeth Abermann, Christian Hoser, and Christian Fink *Orthopaedic Journal of Sports Medicine*. 2023;11(8). doi:10.1177/23259671231192127
40. Quadriceps tendon autograft with or without bone block have comparable clinical outcomes, complications and revision rate for ACL reconstruction: a systematic review **Amit Meena**; Riccardo D'Ambrosi; Armin Runer; Akshya Raj; Manish Attri; Christian Hoser; Elisabeth Abermann; Christian Fink *Knee Surg Sports Traumatol Arthrosc* (2022). <https://doi.org/10.1007/s00167-022-07281-z>
41. Revision ACL reconstruction using quadriceps, hamstring and patellar tendon autografts leads to similar functional outcomes but hamstring graft has a higher tendency of graft failure **Amit Meena**, MS, DNB; Luca Farinelli, MD; Christian Hoser, MD; Elisabeth Abermann, MD; Akshya Raj, MS; Caroline Hepperger, PhD; Mirco Herbort, MD; Christian Fink, MD *Knee Surg Sports Traumatol Arthrosc* (2022). <https://doi.org/10.1007/s00167-022-07200-2>
42. Multiple revision anterior cruciate ligament reconstruction: not the best but still good Riccardo D'Ambrosi; **Amit Meena**; Akshya Raj; Nicola Ursino; Matteo Formica; Mirco Herbort; Christian Fink *Knee Surg Sports Traumatol Arthrosc* (2022). <https://doi.org/10.1007/s00167-022-07197-8>
43. Anterior Knee Pain: State of the Art Riccardo D'Ambrosi; **Amit Meena**; Akshya Raj; Nicola Ursino; Timothy E Hewett. *Sports Med - Open* 8, 98 (2022). <https://doi.org/10.1186/s40798-022-00488-x>
44. Reconstruction of the anterior cruciate ligament: a historical view Riccardo D'Ambrosi, **Amit Meena**, Ekjot Singh Arora, Manish Attri, Luise Schäfer, Filippo Migliorini *Ann Transl Med* 2023. doi: 10.21037/atm-23-87
45. Good results after treatment of RAMP lesions in association with ACL reconstruction: a systematic review Riccardo D'Ambrosi; **Amit Meena**; Akshya Raj; Riccardo Giorgino; Nicola Ursino; Laura Mangiavini; Jon Karlsson *Knee Surg Sports Traumatol Arthrosc* (2022). <https://doi.org/10.1007/s00167-022-07067-3>
46. In elite athletes with meniscal injuries, always repair the lateral, think about the medial! A systematic review Riccardo D'Ambrosi; **Amit Meena**; Akshya Raj; Nicola Ursino; Laura Mangiavini; Mirco Herbort; Christian Fink *Knee Surg Sports Traumatol Arthrosc* (2022). <https://doi.org/10.1007/s00167-022-07208-8>
47. Posterior Cruciate Ligament Reconstruction Using Flat Soft-Tissue Grafts Christian Fink, MD, Luca Farinelli, MD, Elisabeth Abermann, MD, **Amit Meena, MS, DNB**, Robert Smigielski MD, Mirco Herbort, MD *Arthroscopy Techniques*, Vol -, No - (Month), 2022: pp e1-e11 DOI: <https://doi.org/10.1016/j.eats.2022.10.016>

48. Understanding Osteotomy: A narrative review; Journal of Clinical Orthopaedics | Vol 5 | Issue 1 | Jan-Jun 2020 | page: 21-30 | Domenico Alesi, Vito Gaetano Rinaldi, **Amit Meena**, Giulio Maria Marcheggiani Muccioli, Stefano Zaffagnini.
49. Dimensions of Quadriceps Tendon Autograft Are Variable Based on Patient Age and Graft Type: A Systematic Review, Isaac Glassman, Harasees Singh, Praveen Sritharan, Hassaan Abdel-Khalik, **Amit Meena**, Yuichi Hoshino, Darren de SA <https://doi.org/10.21203/rs.3.rs-5233510/v1>

General/ Miscellaneous orthopedic research

50. Management of type 3 Kienbock's disease in manual workers by Scaphocapitate fusion with minimum 7-year follow-up **Amit Meena**, Sandeep Shaina, Sumon Singphow Saikia, Akshay Raj A, Nilesh Verma, Manish Attri Journal of Clinical Orthopaedics and Trauma, <https://doi.org/10.1016/j.jcot.2022.101854>
51. An atypical case of calf pain: Plantaris tendon axial instability Adrien J.-P. Schwitzguébel, Emilie Nicodème Paulin, **Amit Meena** Journal of Clinical Orthopaedics and Trauma (2022), doi.org/10.1016/j.jcot.2022.101985.
52. Mid Term Outcome of Arthroscopic TightRope Fixation of Displaced Lateral End Clavicular Fractures: Average follow-up 6.1 years **Amit Meena**, Akshay Raj A, Sumon Singphow Saikia, B P Sharma, Chinese Journal of Traumatology, <https://doi.org/10.1016/j.cjtee.2022.04.005>
53. A novel technique of stabilization of supracondylar femoral dome osteotomy with proximal humeral locking plate for surgical management of genu valgum deformity. Mohindra Mukul, Gautam V K, **Meena Amit**, Gupta Navdeep, Desai Jagannath, Saikia Sumon Singphow. January 2021. Journal of Orthopedics Traumatology and Rehabilitation 13(1):32. DOI: 10.4103/jotr.jotr_47_20
54. Application of Henna as a Durable Skin Marker in Orthopedic Surgery. Cureus 12(9): e10631. [doi:10.7759/cureus.10631](https://doi.org/10.7759/cureus.10631) Mohindra M, **Meena A**

Role as a Reviewer

1. Reviewer of **JBJS** (The Journal of Bone & Joint Surgery), an official journal of The American Orthopaedic Association
2. Reviewer of **CORR** (Clinical Orthopedics and Related Research), an official journal of The Association of Bone and Joint Surgeons.
3. Reviewer of **AJSM** (The American Journal of Sports Medicine), an official publication of the American Orthopaedic Society for Sports Medicine.
4. Reviewer of **Arthroscopy: The Journal of Arthroscopic and Related Surgery**, an official journal of AANA (Arthroscopy Association of North America)
5. Reviewer of **KSSTA** (Knee Surgery, Sports Traumatology, Arthroscopy), an official journal of ESSKA - European Society of Sports Traumatology, Knee Surgery & Arthroscopy.
6. Reviewer of **OJSM** (Orthopedic Journal of Sports Medicine), the official publication of the American Orthopedic Society for Sports Medicine.
7. **Elite Reviewer of the Journal of ISAKOS**, an official journal of ISAKOS

8. Reviewer of **JEO** (Journal of Experimental Orthopedics), an official Journal of ESSKA - European Society of Sports Traumatology, Knee Surgery & Arthroscopy.
9. Reviewer of **IJO** (Indian Journal of Orthopedics), an official journal of the Indian Orthopedic Association.

Membership

1. European Society of Sports Traumatology, Knee Surgery & Arthroscopy (**ESSKA**)
2. International Society of Arthroscopy, Knee Surgery and Orthopedic Sports Medicine (**ISAKOS**)
3. Asia Pacific Orthopaedic Association (**APOA**).
4. Asia-Pacific Knee, Arthroscopy and Sports Medicine Society (**APKASS**)
5. Member of the National Academy of Medical Science (**MNAMS**).
6. Indian Arthroscopy Society (**IAS**)
7. **Magellan Society**

Certifications And Courses

1. BLS course at New Delhi in 2015.
2. Delhi Fracture Fixation course, New Delhi, in 2016.
3. "JOINTS" Nashik PG Course in 2017.
4. 19th MAMC PG Orthopedics instructional course, New Delhi 2017
5. KEM PG Orthopedics instructional course, Mumbai 2018.

Invited Speaker / Research Presentations

1. Podium paper presented at the DOACON annual conference in 2015.
2. Poster presented in annual DOACON, 2015.
3. Podium paper presented at the DOACON annual conference in 2018.
4. Poster presented in the annual DOACON, 2018.
5. Podium paper presentation in Ranawat Orthopedic Conference on Advances & Techniques in Joint Replacement & Arthroscopy, Mumbai, January 2023
6. Three poster presentations in *ISAKOS Congress June 2023 Boston, Massachusetts, USA*
7. Podium paper presentation in *ISAKOS Congress June 2023 Boston, Massachusetts, USA*
8. Delivered three lectures at the 23rd Asia Pacific Orthopaedic Association Congress, March 2024, in Dubai, UAE
9. Delivered two lectures at the Magellan Society Biennial Meeting held on October 20-23, 2024, at Noosa, Australia.

Seminars & Conferences Attended

1. Attended Annual conference, the DOACON of Delhi Orthopedic Association, in Delhi in November 2015.
2. Attended Annual Conference of 5th Musculoskeletal Imaging, New Delhi 2016.
3. Attended Current Concepts in Arthroplasty in AIIMS, New Delhi, 2016.
4. Attended Upper Extremity Trauma Update, New Delhi in Jan 2017.
5. Attended Annual Conference of 6th Musculoskeletal Imaging, LHMC, New Delhi 2017.
6. Attended Current Concepts in Arthroplasty in AIIMS, New Delhi, 2017.

7. Attended annual conference, the DOACON of Delhi Orthopedic Association, in Delhi in November 2017.
8. Attended 5th American Academy of Orthopedic Surgeons (AAOS) Orthopedic Trauma Conclave, New Delhi, India, 2018.
9. Attended Current Concepts in Arthroplasty at AIIMS, New Delhi, 2018.
10. Attended the 6th International Geriatric Orthopedic Society of India Conference 2018 in AIIMS, New Delhi.
11. Attended Current Concepts in Trauma (CCT 2019), 22nd Annual Conference of Trauma Society of India, New Delhi 2019.
12. Attended 4th Basic Arthroplasty Course at Joint Replacement Centre, Sir Gangaram Hospital, New Delhi 2019.
13. Attended 18th **Ranawat Orthopedic Conference** on Advances & Techniques in Joint Replacement & Arthroscopy, Mumbai, January 2020.
14. Attended Indian Orthopedic Association annual conference (IOACON), Jaipur, March 2021.
15. Attended **38th AGA Congress Innsbruck, Austria, September 2021.**
16. Attended **20th ESSKA Congress, Paris, April 2022.**
17. Attended 19th **Annual conference of Indian arthroscopy society (IASCON)**, Coimbatore, September 2022.
18. Attended 19th **Ranawat Orthopedic Conference** on Advances & Techniques in Joint Replacement & Arthroscopy, Mumbai, January 2023.
19. Attended **Pune Knee Course**, Pune, April 2023.
20. Attended **ISAKOS Congress** June 2023 Boston, Massachusetts, USA
21. Attended 20th **Annual conference of Indian arthroscopy society (IASCON)**, Lucknow, September 2023.
22. Attended 20th **Ranawat Orthopedic Conference and Pune Knee Course**, Pune, January 2024
23. Attended 23rd Asia Pacific Orthopaedic Association congress, March 2024, Dubai, UAE
24. Attended **21st ESSKA Congress, Milano, Italy, May 2024.**
25. Attended 21st **Annual conference of Indian arthroscopy society (IASCON)**, Bangalore, September 2024
26. Attended **Magellan Society** Biennial Meeting held on October 20-23, 2024, at Noosa, Australia.
27. Attended 21st **Ranawat Orthopedic Conference** on Advances & Techniques in Joint Replacement & Arthroscopy, Mumbai, January 2023

Competency & Procedural Skill

1. Primary and revision Arthroplasty
2. Advanced Arthroscopy procedures
3. All kinds of primary trauma and complex trauma surgery (especially Intra-articular trauma).

Hobbies

Football, Reading, Photography, traveling and exploring new places & countries.

DR. Amit Meena [MBBS, MS, DNB, MNAMS]